



**DALHOUSIE**  
UNIVERSITY

| FACULTY OF MEDICINE

# **INFORMED** NEWSLETTER





# February News

Just like Spring, we're running a little late! There have been so many exciting things happening at the Faculty of Medicine so far in 2025, and we're excited to share the most recent ones with you.

From groundbreaking heart health research to advancing diversity in medical leadership, your support is driving real change in health care. This month's newsletter highlights inspiring stories, including a Dalhousie-led breakthrough in heart treatment, a new collaboration supporting Indigenous mental health, and how philanthropy is empowering female researchers.

Plus, we're celebrating innovations in family medicine and reflecting on Heart Health Month. Read on to see how your generosity is making an impact!

More stories like this can be found on [our website](#).



## **DalSolutions: Breakthrough in heart treatment best practice sparks global rethink**

Thousands of Canadians are saved each year by a device inserted in the body that zaps the heart back on track when it's threatened by dangerous rhythms. But the side effect is pain and trauma. A Dalhousie researcher has determined the most effective way to limit the shocks, prompting a re-evaluation of heart treatment worldwide.



## **Building Inclusive leadership Funding aims to advance diversity in Faculty of Medicine**

Leadership in medicine should reflect the diversity of the communities it serves. At Dalhousie's Faculty of Medicine, efforts to foster inclusive leadership have evolved into tangible initiatives—including the [Diversity in Leadership Fund](#), which provides financial support for equity-deserving faculty and staff to pursue leadership training.



## **Innovations driving improvements in primary care Dalhousie hosts Breakthrough Breakfast highlighting family medicine research**

In Canada, we have more family doctors per capita now than ever before, with Nova Scotia and New Brunswick consistently maintaining a slightly higher-than-average ratio. But if that's the case, why is it that 110,000 people in the province are without one?



# News & Updates

More exciting updates from Dalhousie's Faculty of Medicine are below. To learn more or donate, visit our [website](#).

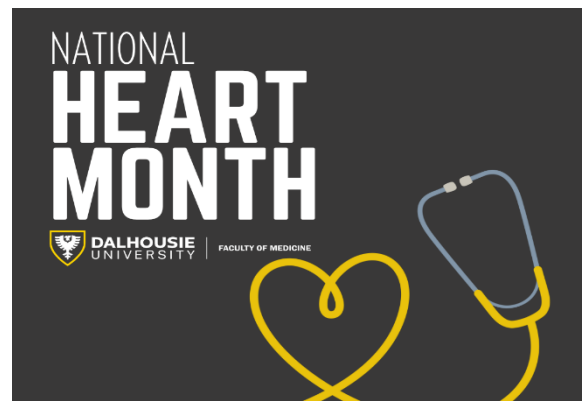
## New Dalhousie collaboration supports Indigenous mental health

The Indigenous community in Halifax will have more access to culturally-safe mental health care thanks to a collaboration between the Mi'kmaw Native Friendship Society – Wije'winen Health Centre and the Department of Psychiatry at Dalhousie University and Nova Scotia Health Central Zone.



## February: Heart Health Month

At the Faculty of Medicine, our researchers are at the forefront of discoveries in heart health—exploring innovative treatments, prevention strategies, and ways to improve patient outcomes. From life-saving interventions to cutting-edge cardiac research, we're working toward a future where everyone has a healthier heart.



## Girls Just Wanna Have Funding

The “Girls Just Want to Have Funding” campaign is designed to empower women researchers and amplify their contributions to the scientific community. This initiative celebrates International Women's Day by raising critical funds to support women-led and women-focused research at Dalhousie's Faculty of Medicine.